



1110 Navaho Drive, Fourth Floor, Raleigh, NC 27609  
 (919) 872-7933 • [www.resourcesforseniors.com](http://www.resourcesforseniors.com)  
 Services and information for older adults and adults with disabilities  
 in Wake County, North Carolina

## RETIREMENT HOUSING OPTIONS

Last updated: 9/28/2021

### Rental Retirement Communities

**Rental retirement communities** offer independent apartment and/or cottage living with meals available in a common dining room. Other services, including housekeeping, linen service, activities, and transportation, may also be available. Some have optional care services available upon request, and/or have licensed Adult Care (Assisted Living) units, as noted below. Most communities are designated for those 55+; others have a higher minimum age requirement. Monthly fees vary with the type of accommodations and the level of services chosen. Fees can vary from around \$1,500 to over \$5,000 per month. These communities are primarily private-pay, where there is no public assistance or subsidy available.

- Abbotswood at Stonehenge** [www.lifeatabbotswood.com](http://www.lifeatabbotswood.com) ..... **919-651-4882**  
 7900 Creedmoor Rd., Raleigh, NC 27613  
 Ages 60+. Some optional care services available.
- Atria Oakridge** [www.atria-oakridge.com](http://www.atria-oakridge.com) ..... **919-935-0118**  
 10810 Sandy Oak Ln., Raleigh, NC 27614  
 Ages 55+. Some optional care services available.
- Atria Senior Living** [www.atriaseniorliving.com/retirement-communities/atria-cary-cary-nc/](http://www.atriaseniorliving.com/retirement-communities/atria-cary-cary-nc/)  
 7000 Regency Parkway, Cary NC 27518..... **919-342-8200**  
 Age 55+. Opening Winter 2021/2022
- Brookdale North Raleigh** [www.brookdale.com](http://www.brookdale.com) ..... **919-338-5394**  
 1200 Carlos Dr., Raleigh, NC 27609  
 Ages 62+. Some optional care services available.
- Cambridge Village of Apex** [www.cambridgevillageofapex.com](http://www.cambridgevillageofapex.com) ..... **919-363-2080**  
 10000 Cambridge Village Loop, Apex, NC 27502  
 Ages 55+. Some optional care services available.
- Capital Oaks Retirement Resort** [www.capitaloaksretirement.com](http://www.capitaloaksretirement.com) ..... **919-784-0099**  
 6498 Ray Rd., Raleigh, NC 27613  
 Ages 55+.
- Foundation Senior Living** [www.foundationsseniorliving.com](http://www.foundationsseniorliving.com) ..... **919-714-3699**  
 1437 Aversboro Road, Garner, NC 27529  
 Ages 55+
- The Gardens at Wakefield** [www.gardensatwakefield.com](http://www.gardensatwakefield.com) ..... **919-562-5580**  
 12800 Spruce Tree Wy., Raleigh, NC 27614  
 Ages 55+. Some optional care services available.

- Independence Village of Olde Raleigh** .....919-781-8226 or 919-642-1342  
[www.independencevillageofolderaleigh.com](http://www.independencevillageofolderaleigh.com)  
 3113 Charles B. Root Wynd, Raleigh, NC 27612  
 Ages 55+. Some optional care services available.
- Jordan Oaks Retirement Community** [www.jordan-oaks.com](http://www.jordan-oaks.com) ..... 919-617-9463  
 10820 Penny Rd., Cary, NC 27518  
 Ages 55+.
- The Lodge at Wake Forest** [www.lodgeatwakeforest.com](http://www.lodgeatwakeforest.com)..... 919-554-8768  
 1151 S. Main St., Wake Forest, NC 27587  
 Ages 55+. Some optional care services available.
- Magnolia Glen** [www.lifeatmagnoliaglen.com](http://www.lifeatmagnoliaglen.com) ..... 919-841-4747  
 5301 Creedmoor Rd., Raleigh, NC 27612  
 Ages 55+. Assisted Living units also available.
- Overture Cary** [www.overturecary.com](http://www.overturecary.com)..... 919-653-7400  
 Leasing showroom: 1101 Grace Park Dr., Morrisville, NC 27560  
 Future address: 1055 Hatches Pond Ln., Morrisville, NC 27560  
 Ages 55+.
- Overture Centennial** [www.overturecentennial.com](http://www.overturecentennial.com)..... 919-670-1000  
 600 Bilyeu St., Raleigh, NC 27606  
 Ages 55+.
- Preston Pointe** [www.prestonpointe.com](http://www.prestonpointe.com)..... 919-249-7001  
 1995 NW Cary Pkwy., Morrisville, NC 27560  
 Ages 62+. Some optional care services available.
- Treeo Senior Living** [www.treeoraleigh.com](http://www.treeoraleigh.com) ..... 919-863-7770  
 2722 Spring Forest Rd., Raleigh, NC 27616  
 Ages 55+. Some optional care services available.
- Waltonwood Cary Parkway** [www.waltonwood.com](http://www.waltonwood.com).....919-297-2259 or 919-460-7330  
 750 SE Cary Pkwy., Cary, NC 27511  
 Ages 55+. Assisted living and dementia care units also available.
- Waltonwood Lake Boone** [www.waltonwood.com](http://www.waltonwood.com) .....844-338-1458 or 984-232-0528  
 3550 Horton St., Raleigh, NC 27607.  
 Ages 55+. Assisted Living and dementia care units also available.
- Woodland Terrace** [www.lifeatwoodlandterrace.com](http://www.lifeatwoodlandterrace.com)..... 919-465-0356  
 300 Kildaire Woods Dr., Cary, NC 27511  
 Ages 55+. Assisted Living and dementia care units also available.

## Continuing Care Retirement Communities

**Continuing Care Retirement Communities (CCRCs)** (sometimes called Life Care Communities or Life Plan Communities) offer a full range of living arrangements, from independent living to skilled nursing care, housed within the same community. This allows residents to remain living within the same community as their needs change. In most cases residents need to be able to function independently at the time of admission.

CCRCs provide many services for their residents, including activities, meals, housekeeping, transportation, and health-related services. Depending on the nature of the contract, these services may be included in a monthly fee or purchased as needed. Fees vary for differing levels of accommodations and services. CCRCs usually require substantial entrance fees in addition to monthly fees. In some communities the entrance fees are partially refundable depending on length of stay; in others a residence is purchased at the time of entrance into the community, and the resident has equity in the home as an owner rather than a tenant.

North Carolina CCRCs are regulated by the NC Department of Insurance. Find their CCRC Reference Guide, with detailed information about contract options and admissions eligibility for each site, here: [www.ncdoi.gov/insurance-industry/continuing-care-retirement-communities-ccrc](http://www.ncdoi.gov/insurance-industry/continuing-care-retirement-communities-ccrc).

**The Cardinal at North Hills** [www.lifeatthecardinal.com](http://www.lifeatthecardinal.com) ..... **984-234-5605**  
 4030 Cardinal at North Hills St., Raleigh, NC 27609  
 Multiple contract options. Must be Independent at time of admission. For-profit. Maximum occupancy of 235 residents.

**The Cypress of Raleigh** [www.thecypressofraleigh.com](http://www.thecypressofraleigh.com) ..... **919-870-9007**  
 8801 Cypress Lakes Dr., Raleigh, NC 27615  
 Ages 65+. Equity ownership model with monthly fee. Must be Independent at time of admission. For-profit. Maximum occupancy of 302 residents.

**Glenaire** [www.glenaire.org](http://www.glenaire.org) ..... **919-460-8095 or 800-225-9573**  
 4000 Glenaire Circle, Cary, NC 27511  
 Ages 62+. Monthly fee and partially refundable entrance fee. Offers direct admission to Assisted Living and Nursing levels of care. Non-profit. Maximum occupancy of 344 residents.

**The Oaks at Whitaker Glen** [www.pruitthealth.com](http://www.pruitthealth.com) ..... **919-839-5604**  
 501 E. Whitaker Mill Rd., Raleigh, NC 27608  
 Monthly fee and partially refundable entrance fee. Offers direct admission to Nursing level of care. For-profit. Maximum occupancy of 231 residents.

**SearStone** [www.searstone.com](http://www.searstone.com) ..... **919-230-8441**  
 17001 SearStone Dr., Cary, NC 27513  
 Monthly fee and fully refundable entrance fee. Must be Independent at time of admission. Non-profit. Maximum occupancy of 193 residents.

**Springmoor** [www.springmoor.org](http://www.springmoor.org) ..... **919-848-7057**  
 1500 Sawmill Rd., Raleigh, NC 27615  
 Monthly fee and refundable entrance fee. Offers direct admission to Assisted Living level of care. Non-profit. Maximum occupancy of 582 residents.

**Windsor Point** [www.windsorpoint.com](http://www.windsorpoint.com) ..... **919-552-4580**  
 1221 Broad St., Fuquay-Varina, NC 27526  
 Monthly fee and partially refundable entrance fee. Offers direct admission to Assisted Living level of care. For-profit. Maximum occupancy of 281 residents.

## Active Adult Communities

An **Active Adult Community** is a housing development with homes for purchase that is often marketed to adults 55 and older who can live independently. These communities frequently have extra amenities designed to appeal to active retirees, such as planned activities and recreational facilities which may include community pools, walking trails, golf courses, health clubs, etc. Additional services may be available for additional cost. Active adult communities may offer a variety of dwellings, such as freestanding homes, townhomes, patio or cluster homes, and condominiums. Homes are typically designed with an emphasis on qualities such as accessibility and low maintenance, and yardwork may be included in the community fees. These homes are often moderately-sized, to appeal to homeowners who no longer need a large house for a growing family. Consult a realtor for details. Some communities may have new homes available; others have resale homes only.

**Carolina Preserve at Amberly** (Cary, NC; 55+) [www.carolinapreserve.com](http://www.carolinapreserve.com)

**The Courtyards at Heritage Grove** (Wake Forest, NC) [www.epconcommunities.com](http://www.epconcommunities.com) \*\*\*

**The Courtyards at Kildaire Farms** (Cary, NC; 55+) [www.epconcommunities.com](http://www.epconcommunities.com)\*\*\*

**The Courtyards at O’Kelly Chapel** (Cary, NC; 55+) [www.epconcommunities.com](http://www.epconcommunities.com) \*\*\*

**The Courtyards on Holt** (Apex, NC; 55+) [www.epconcommunities.com](http://www.epconcommunities.com) \*\*\*

**Heritage Pines** (Cary, NC; 55+) [www.heritagepinesnc.com](http://www.heritagepinesnc.com)

**The Orchard Villas** (Apex, NC; all ages)

**Regency at Brier Creek** (Raleigh, NC; all ages)

**Regency at White Oak Creek** (Apex, NC; all ages)

**The Village at Aversboro** (Garner, NC; 55+)

**Villas of Wake Forest** (Wake Forest, NC; 55+) [www.epconcommunities.com](http://www.epconcommunities.com) \*\*\*

\*\*\*- Communities Sold Out

## Real Estate Services

**Danielle Weeks, SRES** [www.nexthometurnkey.com](http://www.nexthometurnkey.com) ..... **919-480-0249**

NextHome Turn Key Realty

Senior-focused real estate services including home sales, downsizing, and relocation.

**Lila Martin, SRES** [www.trianglениseniorspecialist.com](http://www.trianglениseniorspecialist.com) ..... **252-671-6232**

Allen Tate Realtors

Senior-focused real estate services, including help with selling, buying, refinancing, or relocating to a new community.

**Melissa Elliot, SRES** <https://melissaelliottsellshomes.kw.com> ..... **919-307-7303**

Elliot Real Estate Professionals, Keller Williams Preferred Realty

Senior-focused real estate services, including finding a home for aging in place, and/or in a 55+ community or CCRC.

**Shenée Jackson, SRES** <https://shenee.raleighhousesonline.com>..... **919-441-2562**

Keller Williams Preferred Realty

Senior-focused real estate services, including home sales, packing, moving, and downsizing.