



1110 Navaho Drive, Fourth Floor, Raleigh, NC 27609
 (919) 872-7933 • www.resourcesforseniors.com
 Services and information for older adults and adults with disabilities
 in Wake County, North Carolina

VOLUNTEER OPPORTUNITIES

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The following is a list of some organizations whose operations focus on or depend on volunteers. It is not intended to be a complete list of organizations that offer opportunities for volunteers. Most nonprofit organizations and many for-profits such as healthcare organizations, hospice organizations, and long-term care facilities also need and appreciate the talents and energy of volunteers.

AARP – www.aarp.org/giving-back

Search online for opportunities with various AARP programs, including Tax-Aide.

American Cancer Society’s Road to Recovery Program.....**800-227-2345**

www.cancer.org/involved/volunteer/road-to-recovery

Volunteers provide transportation for ambulatory cancer patients, to and from cancer therapy appointments.

The Center for Volunteer Caregiving**919-460-0567**

1150 SE Maynard Road, Suite 210, Cary, 27511

www.volunteercaregiving.org/volunteer-2

Volunteers provide assistance to seniors and adults with disabilities through a wide variety of activities, including friendly visiting, telephone reassurance, transportation, grocery shopping, meal preparation, light housekeeping, yard work, and respite care.

Executive Service Corps of the Triangle (ESC)**919-294-9803**

www.esctriangle.org

Executives who are retired (or working part-time/with a flexible schedule) volunteer as consultants to nonprofit agencies.

Foster Grandparent Program**919-996-6295**

www.raleighnc.gov/safety/content/CommServices/Articles/FosterGrandparentsProgram

Low-income adults ages 55+ volunteer in schools, providing tutoring and mentorship to children with exception or special needs. Minimum of 20 hrs/wk. Small stipend provided. National Senior Corps program; administered locally by the City of Raleigh Community Engagement Division.

Habitat for Humanity of Wake County Volunteer Engagement Manager: **919-744-2417**

www.habitatwake.org/volunteer

Volunteer opportunities available throughout Wake and Johnston counties, helping build homes alongside future Habitat homeowners, assisting with home preservation projects, and more.

- HopeLine**919-832-3326
www.hopeline-nc.org/volunteer
 Volunteers provide confidential listening services, crisis and suicide intervention, and information referrals to the community, or daily wellness check-in calls to individuals who are elderly, homebound, disabled, or who desire more social support.
- Meals on Wheels of Wake County**919-833-1749
www.wakemow.org
 Volunteers deliver noontime meals to homebound older adults and persons with disabilities.
- North Carolina Baptist Aging Ministry (NCBAM)**877-506-2226
www.ncbam.org
 Nonprofit agency coordinating help for seniors ages 65+ and their caregivers, through local Baptist congregations. Various volunteer opportunities available.
- North Carolina Reading Service**919-832-5138
 211 East Six Forks Road, Suite 103, Raleigh, 27609
www.ncreadingservice.org
 Volunteers read newspaper, book, and magazine content over the radio and via the internet to benefit individuals who are blind or visually-impaired.
- North Raleigh Ministries**919-844-6676, ext. 152
 9650 Strickland Rd., Ste. 161, Raleigh, 27615
www.northraleighministries.com
 Various volunteer opportunities available serving North Raleigh residents in need (of all ages).
- Raleigh SeniorTechEd**919-954-3688
www.raleighseniorteched.org
 Senior volunteers teach computer classes for other seniors, in Raleigh and Knightdale.
- RDU Volunteer Ambassador Program**919-840-7425
www.rdu.com/careers/volunteer-at-rdu
 Volunteers provide passenger assistance and information to those traveling through Raleigh-Durham (RDU) International Airport.
- Rebuilding Together of the Triangle**.....919-341-5980
www.rttriangle.org
 Group and individual volunteers assist with home repairs for low-income families in Wake, Durham, Orange, and Chatham counties (program assists homeowners of all ages, but priority is given to applicants who are elderly and/or disabled).
- Resources for Seniors**.....919-872-7933
www.resourcesforseniors.com/volunteering.php
 Volunteer opportunities include assisting with programs in senior centers and adult day centers, or assisting with home maintenance/repairs.

- SCORE Raleigh**.....**919-869-4151**
 300 Fayetteville Street, Suite 440, Raleigh, 27602
www.raleigh.score.org
 Volunteers with business experience offer free mentoring/consulting services, specific skills or expertise, and/or workshop presentations to new or existing businesses.
- Transitions LifeCare**.....**919-828-0890**
 250 Hospice Circle, Raleigh, 27607
<http://transitionslifecare.org/get-involved/volunteer>
 Multiservice nonprofit organization founded as Hospice of Wake County. Various volunteer opportunities available, including providing family support and companionship to patients and families dealing with terminal illness.
- Urban Ministries of Wake County****919-836-1642**
 1390 Capital Boulevard, Raleigh, 27603
www.urbanmin.org/volunteer
 Multiple volunteer opportunities available to assist low-income Wake County residents (of all ages).
- VolunteerMatch.org** www.volunteermatch.org
 Search volunteer opportunities nationwide, by location and interest area. Lists both on-site and virtual/computer-based opportunities.
- Volunteer Raleigh****919-996-6295**
www.raleighnc.gov/home/content/CommServices/Articles/VolunteerRaleigh
 Connects adults 18+ with volunteer opportunities within City of Raleigh departments and city-funded agencies and organizations.
- With Love from Jesus Ministries****919-233-8010**
 421 Chapanoke Road, Raleigh, 27603
 Volunteers assist with organizing and distributing clothing, household goods, and food to those in need (of all ages).